Circle of Security Parenting is an 8-week parenting program based on building a strong relationship with your children. It is designed to help parents:

- learn how to respond to your child’s needs by enhancing your connection
- give children a feeling of security and confidence so they can explore, learn, grow and build positive relationships
- set limits and understand your child’s emotional world.

Join parents just like you who want to learn a simple way to strengthen their parent-child relationship.

The world’s best job is also the hardest.

Program runs every Monday starting February 3, 2020

6:00-8:00 pm

Aspen Room at 120 Wedgewood Drive

Cost is $200. This program is open to the public, LOA’s and referrals from DHHS

Please contact St. Monica’s Admissions for registration: 402-441-3768

Or for more information: Coral Frazell at Ext. 210

www.stmonicas.com